

# Leadership Coaching and Mentoring Development Programme - CMI Level 7

4 Day Course











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# In Professional Development

In Professional Development is a dynamic and efficient independent training provider. With a national presence, we have 120 consultants specialising in Leadership, Management, Strategy, Business Growth, Coaching and Mentoring, Equality, Diversity and Inclusion and much more.

Our aim is to provide leaders with the tools they need to unlock their potential and drive positive change in their business.

Our 4x Owner Directors and 3x Associate Directors have a combined experience of 100+ years in learning and development, working both for private sector organisations and British Universities, at undergraduate and post-graduate levels, specialising in professional audiences in the topic areas. This vast experience means we're well placed to consult based on a rich history of excellence, demonstrated by our 5 star Trustpilot rating.

# **Overview**

Leadership Coaching and Mentoring Programme - CMI Level 7 is built on a foundation of key coaching and mentoring skills and techniques. Moving beyond this, participants will be given the opportunity to understand the significance of coaching within the learning and development strategy in any business or organisation.

This course is designed for leaders who have the responsibility for developing and implementing coaching strategies, or who want to enhance their own personal competency.

Participants will not only learn from the expertise of the course leader, key theories and models but also the experiences of their peers. By experiencing and reflecting upon different coaching approaches, people will develop a sound understanding of effective coaching methods, and learn how they can adapt and develop their own approach and strategy, specific to the needs of their organisation.

At this level, the course will focus on individual self-awareness and coaching practice as well as the application of coaching and mentoring into the strategic organisational environment.

# Who is this course for

This course will give you a fresh perspective on building trust, minimising conflict and managing towards achieving strategic objectives. It also looks at the impact on organisational culture and the systemic application of coaching and mentoring.

# **Learning Outcomes**

On completion of this programme, participants will:

- Be able to define coaching and its purpose
- Understand how high-performing teams work
- Hold improved self-awareness
- Have developed individual coaching approaches
- Understand how to mentor and coach through change
- Understand how coaching and mentoring relate to organisational goals, and the tools which monitor impact
- Understand the environmental factors within which coaching and mentoring operates, and how to positively influence success
- Understand how to embed a successful coaching and mentoring culture, and understand the necessary checks and balances for sustainable change
- Understand how to develop and implement coaching and mentoring strategy

# **Delivery Method and Price:**

Virtual Classroom: £2,100 + VAT

Face to Face Classroom: £2,600 + VAT



Highly engaging and encouraging, very knowledgeable, enjoyed their styles of training and the opportunity for break out rooms for discussion and coaching.

Quality and Development Manager, Murton Medical Group

# **Agenda**

# **Session One: Exploring Coaching**

Key themes include:

- Definition of coaching and mentoring
- Coaching conversations, processes and models
- Coaching practice session

# **Session Two: Applying Coaching**

Key themes include:

- Ethical and contractual implications of coaching
- Reflective practice and continual improvement
- Psychology of coaching and mentoring
- Managing conflict
- Tools for self-awareness and improvement
- Coaching practice session

# **Session Three: Coaching with Impact**

Key themes include:

- High-performing teams and performance management
- Motivational strategies
- Coaching conversations and individual professional development
- Coaching and business needs
- Evaluation of coaching practice
- Coaching practice session

# **Session Four: Best Practice and Embedding Success**

Key themes include:

- Best practice and the role of supervision
- Principles of organisational culture
- Embedding a successful and sustainable culture of coaching and mentoring
- Group coaching practice 4 (coaching board)

# Qualification

Following completion of the programme, learners can opt to continue their studies with a CMI Level 7 Certificate in Coaching and Mentoring.

## **Tutors**

### **William McKee**



Starting out as a civil engineer responsible for large infrastructure projects, William became fascinated with the people side of business. Now

a qualified business psychologist, and executive coach, he aims to bring a refreshingly practical approach to culture, people and performance. Over the last 10 years, he has worked with leaders and managers in organisations like British Airways, the Met Office, Bombardier, the NHS and multiple local authorities. He also spent time supporting SMEs and start-ups as well as working in the Middle East with one of the world's largest food producers. As a result, he can relate to a wide range of people and organisational contexts.

### **Laura Burton**



From her background as a Business psychologist, leadership development facilitator and consultant and post-graduate supervisor at university,

Laura's interests are firmly rooted in leadership, learning and the empowerment of others.

With an extensive Corporate and independent career, she's retained a whole host of clients within the public and private sector with international experience.

#### **Nick Jerome**



After working in sales and marketing management in the publishing and consultancy sectors, Nick had an epiphany and discovered coaching.

He has for several years been an executive coach, and facilitates leadership, management and coaching programmes. Nick has an MBA, and a Masters in Coaching from Warwick University. He can also facilitate and coach in French. He's a Fellow of the Royal Society of Arts and a member of the Association for Coaching.

#### **Pierson Stratford**



Pierson has 15 years' experience as a consultant and facilitator, specialising in leadership, management and coaching. Experienced in the design and delivery

of people development, Pierson uses coaching psychology to engage with leaders at all levels, supporting them to; be, have and do more.

## **Darya Belsner**



Darya has over 12 years corporate senior leadership experience working in HR Tech industry supporting a variety of clients such as KMPG, Michael Page,

Brunel and Bupa. She currently holds a Senior Director role in Operations working across EMEA, North America and APAC regions.

#### **James Willerton**



With more than 10 years of business consulting and professional service experience, James has developed a well-rounded and practical perspective

on strategic development and human capital development at all levels and cross-industries both nationally and internationally. With a focus on innovation in strategy development, James is a certified 'exceptional trainer'. He has a diverse background in business management, innovation, strategy development, organisational development, recruitment and operations.

#### **Dr. Victoria Smith-Collins**



Dr Victoria Smith-Collins, Managing Director of Smith-Collins International, is one of our most experienced trainerfacilitators and coaches. Victoria

has over 20 years of academic and corporate experience that spans international markets. She has trained/supervised academic programmes up to MBA level (including delivering lectures, tutorials and dissertation supervision). Victoria has also worked extensively with the Chartered Management Institute, delivering programmes, examining and verifying assessment work.

#### **Stuart Chambers**



Stuart has enjoyed a 25-year career in coaching, management and leadership. Stuart's passion for coaching and personal development

emerged through a successful career in the health and fitness industry. Beginning as a health & fitness coach, Stuart worked through all levels, including senior leadership roles with various organisations, from small independent businesses to multi-site operators.

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The tutor held the room really well and made the course engaging, he was able to answer all the questions thrown at him and ensured everyone knew it was his opinion. He created interactive spaces and allowed us loads of time for practice.

**Portfolio Director, Clarion Events** 

