

# Career Coaching

[inpd.co.uk/career-coaching](https://inpd.co.uk/career-coaching)



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## Your Coaching Journey

To provide you with an overview of our coaching process, let's break down the integral steps involved:

- Consultation with the InPD Coaching Team
- Chemistry call with Coach
- Agreed Coaching Objectives
- Coaching Session 1
- Coaching Session 2
- Coaching Session 3

## Empower Your Career Vision

Begin with clarity on where you want your professional journey to take you. Our Career Coaching helps crystallise your career goals and vision, enabling a focused, motivated and strategic approach to your professional development.

Every professional's journey is unique. Our sessions are personalised to your specific needs and goals, providing you with bespoke strategies and actionable insights to advance your career.

## Why Career Coaching?

### Navigate and Master Transitions

Change is an opportunity for growth. Our coaches work with you through career transitions, helping you to develop skills and strategies to navigate these phases successfully, whether you're moving up, shifting fields, or seeking to make a broader impact within your current role.

### Build and Amplify Your Professional Brand

A strong personal brand distinguishes you in the marketplace. We assist in refining and communicating your unique value, ensuring you're recognised for your true strengths and capabilities.

### Cultivate Strategic Networks

Expand your influence through strategic networking. Our coaching offers more than the usual focus on CV's and interview technique. Our coaches will encourage you to think about building and nurturing professional relationships that support your career trajectory and open doors to new opportunities.

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The coaching was excellent, great breadth and depth of conversation and it has left me feeling far more confident.

**Executive Coaching Client, Anonymous**

## Take the Next Step



Ready to elevate your career? To learn more about how our Career Coaching can serve as your catalyst for professional growth and success. Simply submit the form on the **Career Coaching** webpage or email us at **[enquiries@inpd.co.uk](mailto:enquiries@inpd.co.uk)**.

